## **Economic Instability or Dependence Keeping Women in Abusive Relationships**

Economic instability or dependence keeps women in abusive relationships. The loss of belongings, home, salary, health and dental benefits are examples of the burden a woman must carry with her the moment she leaves.

- Food Banks Canada: Women who have left abusive relationships rely on food banks at a rate of almost 20X the average Canadian
- Women who have left abusive relationships were receiving income assistance at a rate of almost 9X the average Canadian woman